



# COMMUNITY ADDICTION STUDIES

Blended

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## COURSE OUTLINE

**6th October 2022- 16th February 2023**

Thursday evenings 6-9 pm

**Scan me to register**



*Course Fee €350*



**etb**

Bord Oideachais agus  
Oiliúna Dhúin na nGall  
Donegal Education and  
Training Board



Northwest Regional  
Drug & Alcohol Task Force

# COMMUNITY ADDICTION STUDIES

## *QQI level 5 Accredited Certificate Component*

*This course provides an excellent grounding in alcohol and other drug studies. It's a fundamental knowledge base for those working in the field of alcohol and other drugs or coming into contact with alcohol and other drugs as part of their work.*

## TOPICS

- Theories of addiction
- The family & the impact of problem substance use
- The media and addiction
- Brief psychosocial interventions
- Gambling addiction
- Drug types & effects
- Hidden Harm / Trauma

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This module of study provides the learner with a broad spectrum understanding of the issues pertaining to alcohol and other drug use in our communities and families. The course involves 54 taught hours and 96 self-directed learning hours. The course covers the following topics:-

### **Theories of Addiction**

This topic enables students develop an integrative theoretical knowledge of the complex social, psychological and biological issues involved in the development and maintenance of problematic alcohol and other drug use on the continuum including addictive and process addiction behaviours.

### **The Family and the Impact of Problem Substance Use**

This topic provides an insight into the complex experiences within the family unit when there exists problem substance use.

### **The Media and Addiction**

This topic enables the student to consider the complex social relationship with alcohol and other drugs, the stereotypical presentation of issues and the marketing of psychoactive substances. All of this contributes to our own personal perspectives among other things.

### **Brief Psychosocial Interventions**

This topic introduces psychosocial interventions and the evidence in support of these interventions in alcohol and other drug use.

### **Gambling Addiction**

Process addiction does not involve a substance, however the consequences of gambling addiction can be exceptionally difficult. This topic covers process addiction.

### **New Psychoactive Substances (NPS)**

Science and technology is ever developing so is the manufacture and distribution of brand new psychoactive substances.

### **Hidden Harm / Trauma**

Harm experienced as a child growing up in an environment of problem substance use, domestic violence and mental health issues can have a profound impact on a person. This topic explores the issues can lead to traumatic experiences and how that may impact on people.



## LEARNING OUTCOMES

1. Explain the process of addiction in the context of different categories of drugs and their effects on the individual.
2. Outline the effects and impacts of addiction on individuals, families and communities.
3. Analyse addiction in the context of its emotional dimensions and family dynamics.
4. Outline the trends in drug use in Ireland with a specific focus on drugs used and patterns of drug use in the local community.
5. Identify the key agencies, national and local, that respond to addiction, focusing on strategies, interventions and supports available to individuals and families.
6. Undertake and present research on an issue of addiction at community level.
7. Critically assess a range of responses to addiction in communities which target interventions at different stages of the process of addiction in terms of their intervention strategies and effectiveness.
8. Situate different responses and/or interventions within the context of a model of understanding change within the process of addiction.
9. Critically analyse the role of the media in its treatment of addiction issues.
10. Critically reflect on own values and attitudes and values to addiction in order to identify ways in which to become better involved in developing responses to addiction at a local level.



## Mode of attendance

This course is a mainly online course; you will need access to a computer and good broadband to participate in the classes. On this timetable you will see "provisional in-person" dates where we will have an 'in-person' class; these may or may not take place subject to Covid-19 restrictions.

MONTH	DATES	METHOD
October	Thursday 6th	In-person Letterkenny
	Thursday 13th	online
	Thursday 20th	online
	Thursday 27th	online
November	Thursday 3rd	In-person Letterkenny
	Thursday 10th	online
	Thursday 17th	online
	Thursday 24th	online
December	Thursday 1st	In-person Letterkenny
	Thursday 8th	online
January 2023	Thursday 12 <sup>th</sup>	online
	Thursday 19 <sup>th</sup>	online
	Thursday 26 <sup>th</sup>	online
February	Thursday 2 <sup>nd</sup>	online
	Thursday 9th	online
	Thursday 16 <sup>th</sup>	In-person Letterkenny

Contact Christina Murray-McEleney for any further information

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